

Specials  
for her,  
for him,  
for two





# Specials for her

Dreaming means to move through time and space, and through emotions and stimuli.

Dreaming means discovery; sometimes even finding new meanings and dimensions that shed light on new realities.

Experience a rendezvous with your dreams, with our specials: these efficient treatments pamper the body and nourish the soul.

## Pure Power for your figure

Health, vitality and beauty through the power of the ocean.

- 1 Biosel Thalasso purifying treatment including exfoliation and sea salt bath, 1.5 hours
- 1 Biosel detoxifying body pack, 1 hour
- 2 lymph drainages, 55 minutes each
- 2 Biosel instant cellulite wraps, 1 hour each
- 2x purification in the heat lodge

€ 510.00

## All round well-being

Well-being under joyous circumstances – the special treat for mummies-to-be.

- 1 pampering facial treatment, 1 hour
- 1 Mukabhyanga, 50 minutes
- 1 deluxe pedicure (pedicure incl. exfoliation, foot pack and foot massage, varnish), 1.5 hours
- 1 evening primrose oil cream pack incl. full-body exfoliation, 1 hour

€ 289.00

### **Silhouette**

#### **(Thalasso trial pack)**

The combination of three intensively purifying treatments provides a high degree of vitality.

- 1 Thalasso purifying treatment including exfoliation and sea salt bath, 1.5 hours
- 1 lymph drainage, 55 minutes
- 1 Biosel instant cellulite wrap, 1 hour

€ 265.00

### **Anti-aging deluxe**

A fountain of youth for your skin that also enhances your general well-being.

- 1 Fuhlendorf Beauty X, 1 hour
- 1 IQMS deluxe treatment incl. cupping massage and ultrasound, 2 hours
- 1 Fuhlendorf cupping massage, ultrasound and active-ingredient pack, 1 hour

€ 350.00

### **A little time-out**

This comprehensive regenerative programme is like a little escape from the everyday.

- 1 pampering bath in the Jacuzzi tub, 20 minutes
- 1 small facial treatment without facial massage, 1 hour
- 1 manicure, approx. 1 hour
- 1 pedicure, approx. 1 hour
- 1 full-body massage, 50 minutes

€ 211.00

### **Fire & Ice**

The effective cellulite treatment: thermo-algae and highly-cooling wraps bring about intensive purification effects.

- 3 Biosel instant cellulite wraps 1 hour each
- 3 lymph drainages 40 minutes each

€ 370.00



### **“Ligne St. Barth” beauty day**

Experience total relaxation! With selected products from the Caribbean, you can forget your everyday stresses.

- 1 “Harmony” exfoliation and application, 1.5 hours
- 1 “Freshness” facial treatment, 1.5 hours

€ 199.00

### **Pampering day for HER**

The comprehensive wellness and care programme for well-being.

- 1 facial treatment with vial, 1.5 hours
- 1 manicure, approx. 1 hour
- 1 evening primrose oil cream pack, 1 hour
- 1 St. Barth pampering massage, 40 minutes
- 1 hair styling incl. wash and set or blow-dry

€ 268.00

### **Pretty girl**

The special for young ladies up to 16 years.

- 1 facial treatment
- 1 manicure with glitter varnish
- Foot massage and glitter varnish for the toenails

Duration 1.5 hours

€ 105.00

# Specials for him

Time is the greatest luxury, especially for people who are particularly involved professionally or otherwise. Treat yourself to the greatest luxury: time with yourself. Let yourself be thoroughly and artfully pampered, from head to toe.

## Man Express facial treatment

This effective express treatment provides intensive and long-lasting moisture. It calms the skin and provides new energy and vitality.

- Cleansing, exfoliation, vial, regeneration mask, individual concluding care

Duration 50 minutes € 68.00

## Man Relax facial treatment

This relaxation treatment reduces dryness and tension of the skin. It re-mineralises, counters sagging of the skin and strengthens the skin's immune system.

- Cleansing, exfoliation, vial, regeneration mask, facial massage (20 minutes), individual concluding care

Duration 1 hour € 72.00

## Man Intensive facial treatment

This intensive treatment activates the cell metabolism as well as the natural defence mechanism and regenerates tired, stressed skin.

- Cleansing, exfoliation, vial, special fleece mask, facial massage (20 minutes), individual concluding care

Duration 1.5 hours € 95.00

## Pampering day for HIM

The comprehensive care programme for the body-conscious man.

- 1 facial treatment, 60 minutes
- 1 manicure, approx. 1 hour
- 1 full-body massage, 50 minutes
- 1 Fango pack, 20 minutes

€ 179.00

## Men's Special

The special care and pampering programme.

- 1 relaxing facial treatment with facial pack and massage, 1 hour
- 1 manicure with hand massage, approx. 1 hour
- 1 full-body massage, 50 minutes

€ 145.00



### What a Feeling

2–3 relax-days with high-grade “Dr. Spiller Biocosmetics” products

- 1 relaxing facial treatment with facial pack and head massage, 1 hour
- 1 manicure with hand massage, approx. 1 hour
- 1 Haslauer algae pack incl. exfoliation, 1 hour
- 1 St. Barth pampering massage, 40 minutes

€ 213.00

### Man Intensive Anti-aging

The innovative anti-aging programme for the body-conscious man.

- 1 Dr. Spiller Man intensive facial treatment, 1,5 hours
- 1 “Figurwell” test incl. nutrition guide, 45 minutes
- 1 combined massage (partial and foot reflex zone massage), 50 minutes

€ 189.00

### Manager body & mind

Manifestations of stress can make life an ordeal. With our manager special you will regain a sense of what’s important for yourself in the most pleasant way within 4–5 days.

- 1 Abhyanga, 1,5 hours
- 1 evening primrose oil cream pack, 1 hour
- 1 relaxation massage, 55 minutes
- 1 aromatic oil bath in the Jacuzzi tub, 20 minutes
- 1 partial massage, 25 minutes
- 1 facial treatment, 1 hour
- 1 manicure, approx. 1 hour
- 2 tanning sessions

€ 404.00

### Wild boys

The pampering special for young men up to 16 years.

- 1 “wild boys” massage
- 1 fitness training session

Duration 1 hour

€ 72.00



# Specials for two

Variatio delectat – there’s nothing like change – goes the old Latin saying, and there is still truth in this aphorism two millennia later. We have an ever-growing desire for variety in these times we live in. Our specials for two offer many opportunities to kindle the imagination. True to the motto: relaxation is good, relaxation together is better.

## Experience Anima

Enjoy wonderful lightness together with a glass of champagne and fresh fruit.

- 1 rose oil bath for two
- 2 sea salt exfoliations
- 2 mud packs in the steam sauna
- 2 aromatic oil ointments

Duration 3 hours € 305.00

## Living harmony

Treat yourself to four hours of pure harmony in a stimulating atmosphere with beneficial treatments.

- 2 “Dr. Spiller”-special exfoliations
- 2 evening primrose oil cream packs
- 1 bath for two of your choice
- 2 “anti-stress” applications
- 2 “Dr. Spiller”-facial packs, followed by a pleasant facial massage

Duration 4.5 hours € 450.00

## “Ligne St. Barth” Dream for two

Let selected elixirs spirit you away into a world of Caribbean relaxation!

- 1 “Dream” beauty bath for two in the partner-tub
- 2 “Softness” papaya exfoliations
- 2 “Sensation” avocado body packs
- 2 “Harmony” application
- 2 facial massages
- 2 facial packs (pineapple or passion fruit)

Duration 4.5 hours € 476.00

## Enchanting balance

Relax and regenerate together in an enchanting ambience.

- 1 sea salt bath for two
- 2 relaxation massages
- 2 “Biosel” regeneration body packs
- 2 facial massages with moisture pack

Duration 4 hours € 352.00

# Opening Times

Indoor pool	7 am – 9 pm
Family sauna	10 am – 7 pm
Fitness world	7 am – 9 pm
Refugium	9 am – 7 pm
Sauna world	3 pm – 8 pm
Relax room	9 am – 8 pm

We ask you to ensure that you inform us of your concrete desired appointments before your arrival. Otherwise we cannot guarantee that you will get the appointments and treatments you want, due to the high demand. Appointment cancellations up to 24 hours prior are free of charge. After this, we will have to charge 50% of the treatment costs.

The Refugium is a place of calmness and relaxation. We hope you understand that mobile phones have no place here. Generally, the sauna area is a no-clothing area. In order to protect your privacy you do, of course, have the option to cover yourself with a towel. Children are only admitted from the age of 14 (with the exception of the swimming pool and family sauna).